

More than 40 trails mapped in new Healthy Communities Trail Map Series

New webpage provides one stop shopping for local trail info

Poughkeepsie... National Trails Day is this Saturday, June 1st. In celebration, the Dutchess County Departments of Health and Planning & Development have launched a brand new webpage on the County's website dutchessny.gov to connect residents and visitors with information about the nearly 70 trail systems in Dutchess County with the new *Healthy Communities Trail Map Series*.

"There are more than 300 miles of trails in Dutchess County. This new resource allows you to easily discover new trails to get out and enjoy," said Dutchess County Executive Marcus J. Molinaro. "Take the family, head outside and enjoy the beauty of Dutchess while benefiting from the healthy exercise of walking, running or hiking."

The Department of Planning & Development is actively involved with helping communities plan and document walking and cycling opportunities. The Department of Health works to provide information, referrals, consultative services, outreach, and trainings to help improve the health and well-being of residents and visitors alike. Through this work, the Healthy Communities Trail Map Series was created to promote good health and planning principles. The new webpage serves as one-stop-shop for the public to access more than forty maps of healthy recreational walking opportunities across the County.

The trail maps are available in Adobe Acrobat Reader (*.pdf format) and are easily accessible by clicking on the municipality or by picking a trail alphabetically. Trails have been documented through in-the-field mapping utilizing GPS devices. Currently, more than 40 of the approximately 70 trails in Dutchess County have been mapped. Additional trails will continue to be added, with all trails expected to be mapped by the end of 2013.

The new Healthy Communities Trail Map Series can accessed directly by clicking here:
<http://www.dutchessny.gov/CountyGov/Departments/DPW-Parks/21338.htm>

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